

# The Oxford County Citizen.

A. E. Herrick 6-10-20

VOLUME XXV—NUMBER 23.

BETHEL, MAINE, THURSDAY, OCTOBER 16, 1919.

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THE NATIONAL CAPITAL

Events of Interest From Washington

By J. E. Jones

THE H. C. OF L. AND FREIGHT RATES

The recently expressed theory that increased freight rates have played an important part in advancing the cost of living has been sharply answered by Julius Kruttschnitt, President of the Southern Pacific Company, in a letter to Representative John J. Esch, Chairman of the House Committee on Interstate and Foreign Commerce.

Mr. Kruttschnitt has drawn up figures based upon Bradstreet's reports and the Interstate Commerce Commission's railway reports, which show the total value on all goods transported by railway, the average value per ton of these goods, the freight charges per ton, and the relation of these freight charges to the cost of the goods themselves.

The average value per ton of all freight transported by the American railways in 1914 was \$56; in 1910 it had risen to \$119, an increase to the consumer amounting to \$83 a ton. The freight charge per ton in 1914 was \$2, and under the rate increase put into effect by the Director General of Railroads these freight charges per ton have increased 40% since 1914, making the 1910 average freight charge \$2.80 per ton.

In other words, whereas in 1914 freight charges were 3.6% of the total value, they did not increase during the ensuing five years nearly as fast as did the value of the goods themselves, so that the present percentage is only 2.4%.

Thus it is seen that, whereas the freight transported has cost the consumer \$83 per ton more than in 1914, the freight charges paid, or to express it in more graphic terms, only "one and one-third cents out of every dollar of increase in value of commodities was caused by increased freight charges. The responsibility for the remaining 98.7 cents out of every dollar must be sought elsewhere; it was not caused by freight charges."

Figures published several months ago showed clearly that the cost of living had already increased enormously before there was any increase in freight rates. Comparison of the Dun and Bradstreet reports showed that when the freight rate increases were granted the upward tendency in the cost of living, instead of being increased still further, actually became a little less marked. The purpose of those figures, as well as the present figures presented by Mr. Kruttschnitt, is not to attempt to prove that railway rates have nothing whatever to do with the cost of living, but that the actual cost of transportation is but a fractional part of the living cost.

If a merchant should observe that his costs had more than doubled this year as compared with an earlier year, he should set about finding out what was wrong, with a view to correcting this tendency, he would start analyzing all of the factors entering into his costs. If he should discover that for every dollar of increased expenditure only 1.3 cents was due to the increased transportation cost of his business, it is likely that he should spend less time trying to correct that situation than he would in figuring how to cut down the 98.7 cents increase coming from other factors.

PROMOTING A CONTENTED CITIZENSHIP

In dabbling with the housing problems of the nation, the government agencies determined a number of things in connection with this undramatic phase of human existence. For instance, the separation out-travels the purse is shown by the peculiarity of housing that the supply is usually adequate or ahead of that required by the higher income earning classes; while on the other hand, the lower income earning classes usually find a very limited supply to meet their modest demands. \$100,000 was voted by Congress in the summer of 1918 for housing work. Owing to the close of the war the sum was not all spent. Under the government building plan 80 per cent of the work (in 24 localities) were provided.

(Continued on page 8)

NEVER—MORGAN

The marriage of Roland R. Nevers and Mildred M. Morgan took place at the home of Rev. M. O. Burtett on Tuesday, October 7, at 9 o'clock in the forenoon. The bride wore a midnight blue travailing suit with hat and gloves to match.

After the ceremony the bride and

## G. A. NOTES

Miss Julia Howes spent the week end in Portland.

Miss Pauline King is teaching at West Bethel this week.

Miss Hazel Munro visited friends at Mechanic Falls over the week end.

Mrs. Hyde, a member of the Superintending School Committee of Yarmouth, was a visitor at the Academy, Monday forenoon.

A "Weney Roast" was given the girls of the Academy at Pine Hill, Wednesday afternoon, Oct. 8, under the auspices of the Young Woman's Christian Association. Thirty-one girls enjoyed the outing. Refreshments of "Wenies," bread, cookies and marshmallows were served after which all joined in cheers, songs and games.

Tuesday, October 14, 1919, a meeting of the Undergraduate Association was called. The nominating committee which was appointed at a previous meeting, presented the following list of officers who were elected: President, Myron Bryant; Vice President, Walter Rand; Secretary, Miss Hews; Treasurer, Vivian Hutchins; Auditor, Mr. Swasye, the Pastor, J. H. Little.

CONGREGATIONAL CHURCH

Oct. 19 will be Rally Sunday with a supper for three classes of the Sunday School and teachers. Supper served at 6:15.

Oct. 20 will be Rally Sunday with a supper for three classes of the Sunday School and teachers. Supper served at 6:15.

Mr. and Mrs. A. H. Thompson and Miss Ruth Burke of Lowell, Mass., spent the night of the 10th at the Inn on their way to Eustis for a hunting trip.

Mr. and Mrs. M. L. Ferguson, Miss Ferguson and Geo. H. Rutter of Philadelphia stopped over night the 9th at Bethel Inn.

BEAR RIVER GRANGE

Oct. 19 will be Rally Sunday with a supper for three classes of the Sunday School and teachers. Supper served at 6:15.

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BY FRED B. MERRILL

BETHEL, MAINE

Subscription \$1.00 per year in advance. If not paid in advance \$2.00 will be charged.

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THURSDAY, OCTOBER 16, 1919

## NORWAY

Woman's Work in Civic Thrift was discussed at the Harriet Reading Club meeting, Thursday afternoon. Mrs. F. A. Danforth was主席. On Oct. 16 the subjects will be "History of Maine I," Mrs. Ida Cummings will be the hostess.

Arrangements are being made for a special course of four entertainments in Norway Opera House during the winter beginning Oct. 17. These will be given under the auspices of Norway High School for athletics and the gymnasium. Students started a house to house canvas Saturday and mean business.

Grace Hage, the reader and interpreter of plays will read "Peg O' My Heart" at the entertainment at the Congregational church, Tuesday evening, Oct. 21. Miss Hage is a reader of ability and her wonderful power of impersonation enables her to portray her characters with remarkable distinctness. The entertainment will be preceded by a supper.

Mrs. Agnes Morton of South Paris has completed her engagement as pianist at the Her theatre, and Miss Anna Hesley has resumed the position as pianist.

News was received recently of the approaching marriage of Winston Bryant Stephens to Mille. Edna Hunt, the wedding to take place in the French chapel of the cathedral of St. John the Divine, New York, November 3. Mr. Stephens was at one time a lay reader at the Episcopal church, Norway. He has recently returned from France, having served in the Ambulance Corps at the front. Mr. Stephens made many friends during his stay in town.

At the annual meeting of the Brown Bag Reading Club held at the home of Mrs. Everett P. Bicknell, officers were elected as follows: President, Mrs. Gertrude Hesser; vice president, Mrs. Alice Stevens; secretary and treasurer, Mrs. Theresa Lovejoy; assistant secretary, Miss Elsie A. Faver.

The annual convention of Oxford Royal Arch Chapter, No. 22, F. and A. M., was held Wednesday evening at Massasoit Hall with work in the P. M. and M. E. M. degrees before a large audience. Officers were elected as follows: H. P. Fred E. Smith; K. Lewis Richardson; H. John W. Lasselle; treasurer, Frank P. Steere; secretary, Charles P. Hiltz; committee on finance, Howard D. Smith; Fred E. Smith and Albert W. Walker.

Prof. Lewis celebrated his eleventh birthday recently and entertained a host of his relatives, among them Irene Nevers, Alice Dyer, Thelma Bradbury, Grace McAllister, Edith Joslin, Irving Joslin, James Smith, Francis Walsh, Cyril Morris, Abraham Halevy. The guests were entertained with games and music and a dainty lunch included the attractive birthday cake with its dotted number of lighted candles.

Mr. and Mrs. Elmer L. Brown have returned from a sightseeing tour to Montreal. They went to Island Pond by auto, making the remainder of the trip on the Grand Trunk.

Annie V. Mather, who recently received the discharge from the service, and has been visiting her parents, Mr. and Mrs. Walter Mather, Maple street, will return to Brooklyn this week and

**Deafness Cannot Be Cured**  
by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, that is, to remove the cause. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian tube. This is relieved when you have a rushing sound in your ear, and when it is entirely closed, the result is deafness. The inflammation can be removed and the tube restored to its normal condition, and can be destroyed forever, nine cases out of ten. There is nothing which is nothing, but an inflamed condition of the mucous surfaces.

For further information, apply to Dr. George C. Wilkins, 100 Congress Street, Boston, Mass.

Take this family tincture for constipation.

revenue work at the Pierce Arrow Co.

Mr. and Mrs. G. K. Wilkins of Boston have been spending several days with Mrs. Wilkins' father, C. N. Tubbs. They are soon to go to Miami and St. Petersburg, Florida, for the winter.

Mrs. Clarence Cole and young son of Bryant's Pond are spending several days with her father, Seldon C. Foster, Pikes Hill, helping clear the house, which has been leased to George Hill of South Waterford.

Mrs. Jessie Smith and four children of New Bedford, Mass., are spending a few weeks with her brothers, John P. Judkins, Paris street, and William Judkins, Elm Hill. She was formerly Miss Mamie Judkins. Her husband, Captain Jessie Smith, who is in command of the steamship *Tulsa*, has recently started for Genoa, Italy.

Mrs. Charles H. Barker of Berlin, N. H., is the guest of her daughter, Mrs. John C. Briggs and family.

Mrs. William P. Jones is at the Central Maine General Hospital in Lewiston, under treatment for throat trouble.

Mr. and Mrs. Hugh Pendexter and young son, Fannie, are in Boston for several days. Mr. Pendexter addressed the Maine club Thursday evening in Lynn. Mr. Pendexter has recently sold his book rights of "Red Heels" to Doubleday and Page. The volume will appear in January.

Bert Melvin has moved his house back goods from South Park to the Capt. Biles house on Pleasant street.

Mr. and Mrs. Almon L. Buck, who have occupied the Sampson cottage on Pike's Hill during the summer, have moved to the village and have taken rooms at Dr. J. W. Staples. Mrs. Buck was operated upon at the C. M. G. hospital last week for the removal of tonsils.

Mrs. Mildred J. Holmes is soon to enter the Eye and Ear Infirmary at Portland to train for a nurse.

Mrs. Elizabeth P. Sweet has returned from her vacation spent in Portland, Manchester and Boston, where she attended the fashion shows.

Prof. and Mrs. John W. Matthews of Holton were guests over the weekend of Mrs. Matthews' parents, Mr. and Mrs. Lee M. Smith, Marsten street.

Mrs. Grace Pike and three children have been visiting her father, M. C. B. Pike, at Mechanic Falls.

Mr. and Mrs. George Callahan and Mrs. Leon Kean of Dorchester, and Miss Macie Smith of Milton, Mass., were weekend guests of Mr. and Mrs. Asaph J. Richardson, Paris street, making the trip by auto for the holiday.

Pam Klein is at the St. Marie hospital at Lewiston for an operation for appendicitis.

Mrs. Mabel Towne Bradley of Berlin, N. H., formerly of Norway, was in town last week for several days, calling on friends, making her headquarters at Deats Tavern. Mr. Bradley arrived Friday by auto for the holiday.

Paul Klein is at the St. Marie hospital at Lewiston for an operation for appendicitis.

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## EIGHT ESSENTIALS FOR WINTER EGGS

Factors Upon Which Success Must Depend. Only By Meeting All Requirements Can Thoroughgoing Excellence of Results Be Achieved. Stock, Quarters, Treatment, Food, and Exercise Must Be Considered.

Some poultry keepers, seemingly without much particular effort, get winter eggs while others work hard but more or less in vain. The former knowingly or unknowingly provide essentials necessary for winter egg production while in the case of the latter some important factor is neglected. Eight essentials are necessary, according to poultry specialists of the United States Department of Agriculture, in securing winter eggs. They are: (1) suitable stock; (2) comfortable quarters; (3) kind treatment; (4) regular attention; (5) abundant water; (6) wholesome food; (7) liberal rations; (8) congenial exercise. Due considerations to each of these essentials will bring success, but if the results in eggs are poor—far below the moderate standard of 5 dozen eggs per hen in the first six months of laying—that fact is proof that the requirements have not all been fully met.

## Suitable Stock

Pullets that have been reasonably hatched, well-grown, well-matured and vigorous are good winter layers. Good laying birds usually molt so late in the fall that the molting shortens production in the early part of their second winter. Hence pullets are the poultry keeper's reliance for eggs at the season of high prices; and if the pullets fail in any of the specifications mentioned for good laying stock, the poultry keeper is handicapped at the start.

## Comfortable Quarters

A roomy, clean, well-ventilated and well-lighted poultry house should be the aim of poultry keepers who are striving for winter eggs. Provision should be made for light and ventilation so that during severe weather the house can be made snug. The house fixtures should be so placed as to economize the floor space.

Modern practice in the ventilation of poultry houses is to ventilate by means of open windows and doors, in and near the front of the house, giving all the fresh air possible without exposing the birds to temperatures at which they plainly suffer from cold. The common role for ventilation in extreme cold weather is to give ventilation enough to prevent the deposit of frost or moisture on inside walls. Where so dry a condition of the air in the house is maintained the birds are not much affected by low temperatures and by changes of temperature; they do not contract cold so easily, and they lay more steadily.

## Kind Treatment

The poultry keeper should not only be easy in all his movements about the care of the poultry, but should take care that no one and nothing else disturbs or annoys the birds. Hens that are nervous and easily frightened should not be kept where they are regularly or frequently disturbed, for they will not lay well under such conditions.

Regular feeding is a breed characteristic, and the annoyance which occurs or exists can not be removed, the only remedy in dispose of the stock and keep a breed of more pugnacious temperament.

## Regular Attention

Irregularity in attending poultry is the most common cause of unsatisfactory egg yields. Regular attention does not necessarily mean attention at frequent regular intervals. The times of attendance may be far apart and infrequent, as at one, or under some circumstances, at even longer intervals, between giving supplies of feed and water.

The essential thing is that the hen wants shall always be properly provided for in due season.

## Abundant Water

Keeping the poultry supplied with water until late in the morning during cold weather is one of the most troublesome tasks of poultry keeping.

Many poultry keepers defer giving water until late in the morning during cold weather. Whether the water is liquid or frozen ice or snow is immaterial provided the chickens can get it. Supplying them with dry or slightly moistened grain when they lack water causes indigestion and is generally injurious to the birds and wasteful of the feed given them.

## Wholesome Feed

Shortage and high price of good poultry feed has led to a tendency to attempt to economize by going low prices by products and very inferior grades of the common grains. Almost invariably it is a mistake to use such to the exclusion of better feeds. The safe and sure way is to start the birds laying by feeding good quality feeds, and then partially substitute the cheaper ones, regulating the excesses and by the reduction of the feed to eat the changed mixture and by the exclusion of good condition and proportion. This applies to all classes of feeds—grains, vegetables and animal feeds. Sufficient supplies of the two last named determine the wholesomeness of the diet as a whole. A formula for combining the three, for ordinary winter weather, is to reduce the meat and increase the vegetables in winter weather, and reduced without regard to meat.

## PRINCE ALBERT



the national  
joy smoke  
makes a whale  
of a cigarette!

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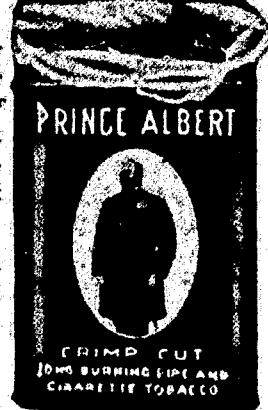
YOU certainly get yours when you lay your smokecards on the table, call for a tidy tin or a topdy red bag of Prince Albert and roll a makin's cigarette! You'll want to hire a statistical bureau to keep count of your smokestunts! Why, you never dreamed of the sport that's awaiting your call in a home rolled cigarette when it's P. A. for the packing!

Talk about flavor! Man, man, you haven't got the listen of half your smokecard until you know what rolling 'em with P. A. can do for your contentment! And, back of P. A.'s flavor, and rare fragrance—proofs of Prince Albert's quality—stands our exclusive patented process that cuts out bite and parch! With P. A. your smokesong in a makin's cigarette will outlast any phonograph record you ever heard! Prince Albert is a cinch to roll. It's crisp cut and stays put like a regular pall!

Prince Albert upsets any notion you ever had as to how delightful a jimmie pipe can be! It is the tobacco that has made three men smoke pipes where one was smoked before. It has won men all over the nation to the joys of smoking.

R. J. REYNOLDS TOBACCO COMPANY, Winston-Salem, N. C.

Anytime you say so, you'll find a tidy red tin, a handsome pound bag, a topdy red bag, a practical pound cigarette holder with sponge moistener top that keeps Prince Albert in such perfect condition!



## THE MODERN BRAIDED RUG

Almost everybody who has been in a New England farmhouse knows what Hand Braided Rugs are—but how many who are familiar with the type which is made from the family rag bag realize that an industry employing several hundred Braided Rug Makers is in existence right in this State!

Yet it is a fact. The Pinkham Association, Inc., an organization of Braided Rug Makers began business in Portland, Maine seven years ago. Just a few women supplied the demand at first but as the years went by, more and more became Pinkham Associates and took up the work.

Of course, the modern braided rug is somewhat different than those which were made from odds and ends for the present day rugs are made entirely of new cloths which are purchased direct from the mills and have never been used. Then again, the patterns are all carefully planned by Pinkham Associate Designers and the cloths are dyed for the colors required by Pinkham Associate Dyers.

The actual making of the Pinkham Braided Rugs—the braiding and sewing—is done now as it always was, in the homes and farmhouses, by women who want to be earning money for the time not required for their household duties.

Full particulars about the work will gladly be sent to any woman who is interested to know more about the industry by addressing Pinkham Associates, Inc., Washington Ave., Portland, Maine.

and construction vary with the geographical location. In the southern portion of this country the structure is entirely above ground and protected by only a few inches of soil. In northern sections outdoor cellars are made almost entirely below ground and are covered with a foot or two of earth.

Full particulars for the construction of storage rooms and cellars and for the storage of vegetables are contained in Farmers' Bulletin 879, "Home Storage of Vegetables," which will be sent free on request to the U. S. Department of Agriculture.

## Home Storage Economical

The storing of late vegetables is an economy for those who grow them in sufficient quantity for the needs of the family.

To care for the surplus vegetables nothing more, in many cases, is required than the use of facilities existing in or near the home.

Often the late vegetables from a garden can be stored with no expense.

When considerable quantities of vegetables are grown it is frequently advisable to construct permanent storage facilities in the form of a storage room in the basement of the dwelling or on the ground floor of wood or masonry.

If permanent facilities are not available vegetables can be kept in outdoor bins or banks, requiring no earth.

As the root cellar must be proof

CANTON

The marriage of Ralph Canton and Maud Lillian Livermore was solemnized Wednesday, Rev. William the First Universalist church. The young couple will have home with his parents, Mr. and Mrs. Campbell of Canton.

Mr. and Mrs. B. L. Adams, congratulations on the birth of their son, Friday. The new arrival named Albert Haydon.

"Rally Sunday" was observed in the Universalist church Oct. 12, Mr. and Mrs. J. C. Bicknell guests of Dr. and Mrs. Bicknell.

Ray K. Merrow and family ed to Hartford to the place.

Miss Hazel Gilbert is visiting home in town.

Mr. and Mrs. John W. Ineson Ronald of Bolster's Mills guests of his parents, Mr. and S. Ineson and family.

Miss Marguerite Hollis, the sixth grade in the village with her pupils, enjoyed a Mount Zion, Saturday.

A. L. Tirrell was at home over the Sabbath.

Mr. J. F. Hollis and Miss Alice are on an auto trip to Litchfield where they will be guests of Litchfield and family, to ton residents.

Mrs. Edgar Sturtevant of

The senior class of Cane school held a pin social at the house on Friday evening, which was enjoyed and well attended.

Miss Montezie York has bee

of her aunt, Mrs. Mary Glover.

Clara and Ruth Johnson en a party of friends at their home evening, which was an affair. A macaroni supper was

A number of members of Lodge, F. and A. M. attended the meeting of Blazing Star Lodge of

when the 100th anniversary of

Harold Walker of Woolwich visiting his grandmother, Mrs. French, and family.

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CANTON

The marriage of Ralph Campbell of Canton and Maud Lillian Cummings of Livermore was solemnized at Lewiston, Wednesday, Rev. William A. Kelley of the First Universalist church officiating. The young couple will make their home with his parents, Mr. and Mrs. Asa F. Campbell of Canton.

Mr. and Mrs. B. L. Adams are receiving congratulations on the birth of a son, Friday. The new arrival has been named Albert Hayden.

"Rally Sunday" was observed at the Universalist church Oct. 12. Rev. Elmer Forbes took for her subject, "His Divine Sonship."

The next meeting of the Universalist Circle will be held with Mrs. Mellic DeCoste, Thursday.

Mr. and Mrs. J. C. Bicknell have been guests of Dr. and Mrs. Richard Goss of Sanford.

Ray K. Merrow and family have moved to Hartford for the Ernest Bragg place.

Miss Hazel Gilbert is visiting at her home in town.

Mr. and Mrs. John W. Ingersoll and son Ronald of Bolster's Mills have been guests of his parents, Mr. and Mrs. W. S. Ingersoll and family.

Miss Marguerite Hollis, teacher of the sixth grade in the village school, with her pupils, enjoyed a picnic on Mount Zion, Saturday.

A. L. Tirrell was at home from Wimthrop over the Sabbath.

Mrs. J. F. Hollis and Miss Alice Walker are on an auto trip to Lisbon, N. H., where they will be guests of their cousin, Otto French and family, former Canton residents.

Mrs. Edgar Sturtevant of Wimthrop is a guest of her parents, Mr. and Mrs. W. B. Gilbert.

The senior class of Canton high school held a ple social at the school house on Friday evening, which was much enjoyed and well attended. About \$15.00 was cleared.

Miss Montiza York has been a guest of her aunt, Mrs. Mary Glover of Milo.

Clare and Ruth Johnson entertained a party of friends at their home, Monday evening, which was an enjoyable affair. A macaroni supper was served.

A number of members of Whiting Lodge, F. and A. M. attended the meeting of Blazing Star Lodge of Rumford when the 100th anniversary of the lodge was celebrated Friday evening.

Harold Walker of Woolwich has been visiting his grandmother, Mrs. Mary E. French, and family.

Merton Ellis is visiting at his home in town.

Mr. and Mrs. O. M. Richardson will go this week to Mount Pleasant, Mich., to visit Mr. Richardson's brother, Dr. George F. Richardson and wife, Raymond Bragg and family have moved from Hartford to a rent in the Smith tenement house.

M. B. Packard is visiting his son, Arthur M. Packard, and family of Rumford.

Mrs. S. C. Hodge is in poor health.

Mrs. Alice Walker of New York is a guest of her mother, Mrs. Mary E. French, and sister, Mrs. J. F. Hollis.

Gustavus Hayford of Kennebago is visiting his daughter, Mrs. G. H. Johnson.

Mrs. A. P. York is attending the Universalist convention at Portland this week.

Winslow S. Rose and family of Sumner have been guests of Harold B. Gilbert and wife.

Mrs. Hattie Grover of Waltham, Mass., is visiting Mr. and Mrs. C. E. Richardson.

F. Wilbur Briggs has been drawn grand juror and J. L. Gammon, traverse juror to attend S. J. court at Paris this week.

G. L. Wadlin returned Saturday from Boston.

Phyllis Boothby delightfully entertained a party of young people in honor of her birthday anniversary. Delicious refreshments were served.

Mr. and Mrs. John Briggs, Mrs. Helen Eastman, A. F. Russell, Miss Ethel Russell and Samuel Stetson attended Pomeroy grange at Rumford Center, Wednesday, from Canton grange.

Henry Park, who recently submitted to an operation, is doing nicely.

Mr. and Mrs. Walter Gammon have been guests of Mr. and Mrs. Rufus J. Stevens of Orr's Island.

Mr. and Mrs. Floyd Cole of Swampecott, Mass., are receiving congratulations on the birth of a daughter who has been named Constance York Cole.

Mrs. Susie Cole of Canton is with her son and family.

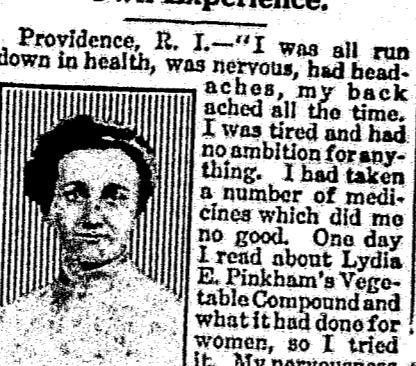
A good meeting of Canton grange was held Saturday. The program consisting of short stories, readings and music.

Mr. and Mrs. A. A. Chapman, Mr. and Mrs. A. S. Bicknell, Mary L. Nickerson and A. L. Tirrell spent the week end at the Tirrell cottage.

Three candidates were initiated at the meeting of Ponemah Rebekah Lodge Friday evening and refreshments served. Mrs. Enos Sawyer is at a hospital for treatment.

## HOW TO AVOID BACKACHE AND NERVOUSNESS

Told by Mrs. Lynch From Own Experience.



Providence, R. I.—"I was all run down in health, was nervous, had headaches all the time. I was tired and had no ambition for anything. I had taken a number of medicines which did me no good. One day I read about Lydia E. Pinkham's Vegetable Compound and what it had done for women, so I tried it. My nervousness and backache and headaches disappeared. I am now in weight and feel fine, so I can honestly recommend Lydia E. Pinkham's Vegetable Compound to any woman who is suffering as I was."—Mrs. ADELICE B. LYNCH, 100 Plain St., Providence, R. I.

Backache and nervousness are symptoms of actual warnings, which indicate a functional disturbance or an unhealthy condition, which often develops into a more serious ailment.

Women in this condition should not continue to drag along without help, but profit by Mrs. Lynch's experience, and try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound—and for special advice write to Lydia E. Pinkham Med. Co., Lynn, Mass.

Miss Margaret Boucher of Cambridge, Mass., has purchased the stand on Pleasant street owned by Clarence A. Swett. Mr. Swett, who has moved to Salem, Mass., has been in town for a few days.

Jonas Bonney of Lewiston has been a guest of his sister, Mrs. M. J. Childs. Mr. and Mrs. C. T. Bonney were visitors at Rumford, Saturday.

A merry husking bee was held at the home of C. W. Walker on Saturday evening with a large attendance. A fine supper was served.

### NEWRY

Mr. and Mrs. F. I. French of West Paris, with a party of friends, have been staying at their home here for a few days.

Mr. Walter Bond, who has been in New York and in the West for about six weeks, returned here last Saturday. He and his family will return to their home in New Jersey in about a week.

Mr. Chas. Robertson is moving onto the Knapp farm.

## SOUTH PARIS

Mr. and Mrs. Eugene H. Stevens of Portland will occupy the Frothingham rent on Pine street recently vacated by Del Hill and family. Mr. Stevens will have employment with the Paris Machine Company.

Mrs. Ida Briggs has accepted a position at Portland and expects to spend the winter there.

Dr. Fred E. Wheeler of West Paris will be the speaker Gentlemen's night at the meeting of the Seneca Club, Oct. 20. He will give an account of his experiences overseas with the Medical Department.

Mrs. Roy E. Cole and son, Howard, returned Thursday to their home in Canton, Mass.

Mrs. Eva R. Ordway was given quite a happy surprise recently, being invited to spend the evening with Rev. and Mrs. D. F. Faulkner at their home on Pine street. Upon arriving there she found her Sunday school class of young ladies from Deering Memorial church seated at a bounteous banquet, that had been prepared in her honor.

South Paris girls who received prizes at the county exhibit of Boys' and Girls' clubs held at Norway, Saturday, were: Miss Ada McAllister, \$3; Miss Marjorie Edwards, \$2; Miss Eddie Clark, \$2; Miss Bertha Barnett, \$2; Miss Lydia Swett, \$2; and Miss Lena Brooks, \$2.

Mr. and Mrs. William J. Wheeler, Mr. and Mrs. Stanley Wheeler and Robert Wheeler, left here Friday afternoon by auto for Manchester, N. H., where they attended the wedding of Mr. Wheeler's oldest son, Howard Wheeler, to Miss Dorothy Dexter, both going to Canton, Mass., to spend Sunday with Mr. and Mrs. Roy Cole, and returning home Monday.

As Mr. and Mrs. Ralph Fields were going from South Paris village to their home on the farm, Saturday afternoon, Mr. Fields got out at the watering tub of Manchester, N. H., after the wedding and took off the horse's bridle so he could drink when something frightened the horse which ran away with Mrs. Fields and their small child in the wagon.

Although they were thrown out, the child was unharmed but Mrs. Fields got badly bruised. Dr. Bradbury soon appeared on the scene and carried Mrs. Fields and the child to the home.

Stacy Robbins of Portland was a week end guest of his parents, Mr. and Mrs. Frank Robbins of Paris.

Mr. and Mrs. William W. Ripley and daughter Zelinda were Sunday guests of Mr. and Mrs. Charles Stevens of North Paris.

Paris grange will observe its forty-fifth anniversary Saturday, Oct. 18. There will be an all day meeting, dinner will be served at noon.

At the regular meeting of Mount Meigs Lodge No. 17 I. O. O. F., Thursday evening Oct. 9, a district meeting was held and the following lodges entertained: Norway Lodge, No. 16, West Paris Lodge, No. 13, Mount Abram Lodge, No. 31 of Bethel and Oxford Lodge, No. 61 of North Waterford, who conferred the 2nd degree on several candidates. Frederick W. Peabody, Grand Master and James H. Townsend, Grand Secretary were speakers of the evening.

Mr. and Mrs. Robert Mehann were guests of Mrs. Mehann's aunt, Mrs. Esther Ryerson, Thursday and Friday on their way from Boston to Rumford, making the trip by auto.

Miss Walter L. Gray and Miss Grace Thayer attended the Maine Music Festival at Portland last week.

Miss Glenn Starbird who has been quite ill for the past ten days, is now much improved.

**EAST SUMMER**

There is a very good crop of apples in this vicinity. Many are being taken to the canning factory at Buckfield.

Rev. F. P. Dresser gave a very interesting talk at the Baptist church, Sunday.

Mr. and Mrs. H. W. Joyce of Hanover, Mass., are the guests of his cousin, Mr. and Mrs. L. A. Keene and other relatives.

Mrs. Eva Ridlon and family of Sweden were Sunday visitors at H. W. Bonney's.

Mr. and Mrs. R. G. Stephens were in Lewiston on business, Monday.

Mr. and Mrs. A. H. Harlow have moved to the house he recently purchased and Mr. and Mrs. E. V. Braden are occupying the house Mr. Harlow vacated.

Mr. and Mrs. A. S. Bessey of Buckfield were the guests of relatives, Thursday and Friday.

Miss Hazel Palmer, who is training for a nurse in a New Haven hospital, is spending her vacation with her parents, Mr. and Mrs. F. W. Palmer.

Mr. and Mrs. D. G. Tinkham are employed at the West Mtn. corn factory, labeling.

A. R. Barrows and lady from Mass. are guests of friends and relatives.

Mrs. Ezra Keene spent the week end with her son Raymond and family.

Mrs. Eva Briggs has been the guest of James Cobb and family. She also called on Mr. Cobb's mother, Mrs. Lois Cobb.

Mrs. Alice Turner and Dorothy Wil-

## NOYES & PIKE

Successors to F. H. Noyes Co.  
CLOTHING AND FURNISHINGS

### Kirschbaum Clothes

for  
Style! Quality! Value!

Is it style which you first think of in buying a new suit?  
You will find it here.

Is it quality of woolens and workmanship?  
Kirschbaum Clothes are famous for that.

Is it value—the biggest value possible for your dollars?  
Our stores policy of close price marking, added to Kirschbaum standards, guarantees a full money's worth.

New Shirts New Hats New Neckwear  
Norway BLUE STORES South Paris

## IRA C. JORDAN

### General Merchandise

BETHEL, MAINE

## The Edmond Shoe \$9.00

These shoes are made by The Edmond Shoe Co., Milwaukee, Wisconsin. This company make this one shoe, they never change the last or pattern in any way, the color is a dark brown, and are made on a very nice looking wide toe last. There is no question but this shoe is the best on the market today. The price is \$9.00 and they are worth it. We have a good stock of them. It is surely a good time now to buy shoes. They will be higher.

## E. N. SWETT SHOE CO.

Opera House Block, Telephone 38-2.

NORWAY, MAINE  
We pay postage on all mail orders.

## Buttermakers, Attention!

Buyers will soon insist that your name be printed on butter wrappers. Common ink or an indelible pencil will not do. Our workmanship and quality of stock are of the best.

### PRICES:

For sizes 9x12—8x12—8x11—9x11  
\$3.50 per 1000 Sheets \$3.00 per 1000 Sheets

Postage 15 cents additional Postage 10 cents additional

\$2.25 per 500 Sheets \$2.00 per 500 Sheets

Postage 10 cents additional Postage 10 cents additional

For each additional 1000 sheets ordered For each additional 1000 sheets ordered  
at same time, add to the price of first at same time, add to the price of first  
1000, \$2.75 and 15 cents postage for 1000, \$2.25 and 10 cents postage for  
each 1000 each 1000

## The Citizen Office

### Automobile Insurance

Before you start your car be sure it is covered by one of our Policies  
Protecting you against loss from Fire, Theft, Suits for Personal Injury,  
Property Damage or Collision.

Rates reasonable. Companies the Best. Write for information.

### STUART W. GOODWIN

INSURANCE

146 MAIN STREET NORWAY, MAINE

GEORGE L. NOYES, representing

L. BLANCHARD & CO.

20 So. Side Faneuil Hall Market, BOSTON, MASS.

GENERAL PLATE LAMPS AND FOREIGN MARKET

Shipping cards and stencils furnished on request.

Most Economical

Wear—life—service—mileage—safety—comfort. These are the things that count in a tire.

These are exactly what you get in United States Tires—general all-round tire satisfaction.

This greater total of tire

We know United States Tires are

HEBBICK BROS. CO.,

W. R. KIMBALL, Gilead,

G. A. GILBERT, Wiscasset,

values means greater econ-

omy—less cost of maintenance—

—less repairs and depreciation.

Car

# ATTRACTIVE WOOL DRESSES

Beauty and value have been combined in the Dresses shown at this store. A woman in search of a Fall Dress that is individual in style, made of serge, the quality of which will not alone give good service, but which will always look good, is urged to see these dresses before making a purchase.

There are numerous styles to select from and every one absolutely fashionable. The manner of trimming convinces you at once that it has neither been overdone nor does the trimming lack any of the style features.

Serge Dresses \$17.95 to \$37.45

## Beautiful Coats

Our stock of coats is now at its height. The coat season is in full swing. The styles are certainly beautiful as one of our customers expressed it the other day. And if you will but take the time to look and try the coats on and consider the prices of everything you will find these coats moderately priced.

Here are coats you will be proud to own and wear.

Prices range from \$19.75 to \$65.00

### House Dresses

"Domestic" and "Baron" make the kinds that are reliable. They are made as a dress should be, in medium and dark colors, many styles to select from.

Regular size 35 to 46, \$2.45, \$2.95, \$3.45.

Extra large size 45 to 51, \$2.95, \$3.45.

### Fall Sweaters

Attractive styles, beautiful colors. Made of all wool yarns in many beautiful colors and combination of colors. We have the slip-on and coat styles. The new ruffle sweater is here. Young women are particularly interested in this style.

### Silk Petticoats

Many styles, all colors. A large shipment of new designs, some have silk Jersey top with taffeta flounce, some have cotton top and silk flounce, others of all taffeta silk and satin.

Priced \$3.05 up to \$9.95

## New Voile Waists

Not every woman desires a silk waist nor is a silk waist desired for all uses. So these waists of cotton materials will be particularly pleasing. They are made of Voiles, Organdies and other new cotton materials designed for Fall wear. The principal trimming ideas are the new collar with lace and embroidery, some styles have the two way collar, high or low. The waists, of course, are in various styles.

Priced \$1.50 to \$4.95

# Brown, Buck & Co., NORWAY, MAINE

### SOUTH ALBANY

George Harr, who has been spending a few days at James Kendall's, returned to Portland, Tuesday.

Mr. and Mrs. Frank Cook from Norway were Sunday guests at James Kendall's.

Miss and Mrs. Elmer Cook from Norway were Sunday guests at James Kendall's.

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## STUDIO NOTES

stock hard carved, in sizes from half by ten.

convex glass frames prices.

All kinds may be engraved with perfect confi-

Y, MAINE

brook was in Portland last week.

water has moved into a house on Railroad street.

mons was home from Portland for the month of October.

Mrs. D. S. Hastings

wards went to Port-

land of Portland spent his parents, Mr. and

brook and son, Clar-

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## RUMFORD

## A THOROUGH TEST

One To Convince the Most Skeptical Bethel Reader.

The test of time is the test that counts.

Doan's Kidney Pills have made their reputation by effective action. The following case is typical.

Bethel residents should be convinced. The testimony is confirmed—the proof complete.

Testimony like this cannot be ignored.

Aratna E. Stearns has purchased a new Hudson car.

The fine course of entertainments at Mechanics Institute this season will open on November 7th, when the Hawaiian Quartette will give a concert. These entertainments are for members only. The present membership totals to the number of 1372.

Miss Mildred Tyler, who has been manager of the Benefit Store for several months past, has resigned her position.

A rally day of the Baptist church will be observed with a special programme on October 19th.

The Red Cross membership drive will begin on November 10th.

Mr. and Mrs. Joseph A. Garneau, long

residents of Rumford, are now moving to Portland, where Mr. Garneau will enter the wholesale business.

Within the past two weeks Dr. E. M. McFadye has operated upon eleven cases of gall stones and like health troubles.

The Stanwood Hospital for women opened in September, is meeting with success. Miss Orino, a trained nurse, is head of the nursing staff, and Miss Hopkins of Portland is assistant. Dr. G. L. Stanwood is physician in chief, with others to assist.

George Biladeau, who for sometime past has served on the police force has resigned his position and has gone to work in the Oxford mill. Edward Pomerleau, at all dealers. Foster-Milburn Co., Mgrs., Buffalo, N. Y.—Adv.

department at the Oxford mill and will locate in Massachusetts near Taunton.

Theodore Spear, son-in-law of Mr.

James W. Harris, general manager of the Rumford mill, has succeeded Mr. Griffin.

The marriage of Miss Mabel Sutton

and Mr. Walter Draper took place last week at the Baptist parsonage, Rev. G. J. Gilbert officiating.

The marriage of Miss Louisa Jones of Wilton and Mr. Vernon Wheat of Rumford, brother of Dr. F. E. Wheat, formerly of this town but now of West Brook took place last week at the home of the bride in Wilton.

Among the weddings solemnized at the church of St. Jean de Baptiste the past week was that of Miss Margaret Ellinott and Mr. Harold Stewart, Rev. Fr. Laflamme officiating, the nuptial mass being celebrated by Rev. Fr. Tremblay. The attendants were Clinton Stewart, brother of the groom, and Miss Loretta Ellinott, sister of the bride.

After the ceremony, a wedding breakfast was served at the home of the bride in Biddeford. The bride has been ticked seller at the railroad station for some time past, while the groom since his graduation from Rumford High school has been employed at the Oxford mill.

Also the wedding of Miss Eva Fortin and Eugene Coulombe, Rev. Fr. C. Marion performing the ceremony. The attendants were Pierre Nadeau and Francois Gaulin. Immediately following this ceremony, a marriage by the same priest was that of Priscilla Lanquette and Abel Duplaise, with Alphonse William Plante, were the attendants.

Marie Duplaise and Joseph Michaud were also married last week by Rev. Fr. Laflamme, the attendants being William Michaud and Marie Duplaise.

The citizens of Rumford were much

surprised and surprised on Monday morn-

ing to learn of the sudden death of Rev. Ambrose J. Barry, who has been priest at St. Athanasius church for many years past, ever since the French Catholics separated from the Irish Catholics and had a church of their own. To all appearances, Father Barry was in his usual health on Sunday, conducting all the services of his church, even through the evening service. On Monday morning, his housekeeper upon going to call him, could not rouse him, and upon calling in others, it was discovered that he had died in his bed sometime during the night or early morning. His relatives and intimate friends were at once notified. Father Barry was very highly thought of about town, being of sound body, and great disposition, and will be much missed by his large circle of friends.

Mrs. Alberta Nadeau is teaching

French in the Junior High School, giving a lesson twice a week. This is a

distinctive new feature in the work of

the Junior High school in Rumford.

Mr. Walker, a student from the Prang

Theological School, will occupy the pub-

lic in the University church on Tues-

days and 24 hours.

Mrs. Arthur Landry is receiving

medical treatment at a hospital in

Bethel.

Mr. and Mrs. N. B. Denoud of Dela-

ware Water Gap, Pa., accompanied by

Miss Emma F. Marsh of Philadelphia,

are visiting Mr. and Mrs. Robert D.

Stand of Penobscot street.

At the last meeting of the Napoleon

Post, No. 24, American Legion, it was unanimously voted that all mem-

bers of Joseph E. Colby Post, No. 41,

to make honorary members of the Na-

tionale Post. Also that all mem-

bers in this community who took

part in the Spanish American War be

so made honorary members.

Miss Anna Virgin has been elected

trustee of the District Nursing As-

sociation to take the place of Mrs. Mar-

ie L. H. H. resigned.

Mario L. H. H. has completed his

studies as superintendent of the bleach-

factory.

There is a remedy, safe, sure, and reliable, which should be in

every household for just such emergencies as the true and original "A. F." Atwood's Medicine. It may be safely relied upon by persons of any

age, from children to those well advanced in years. The best way to

keep well is to prevent illness, and a teaspoonful of one of the old

standard remedy will often prevent serious illness if used at the be-

ginning of trouble.

I find the "A. F." Atwood's Medicine a sure relief for sick head-

ache. We have used it in our family for forty years and would not

go along without it.

Miss A. E. Leonard, Lacombe, N. H.

Send a bottle today, and use it

tomorrow.

Find a bottle today, and use it

## POEMS WORTH READING

LIFE'S AUTUMN  
Let me wear life's autumn hue  
As the oaks and maples do,  
Ruddy with the rose of things—  
As a heart that still yearns  
With the joy of beauty born  
Where the love of living stirs  
On the sunset hill of morn:  
Let me share in foliage meet for the  
festal hour,  
Hill as joyous and as sweet as in sun  
near's dower.

Let me like the sun smile  
When in life's sweet aftermath  
I approach the autumn gate,  
Hill to labor and to wait,  
Honey with such hopes as those  
That have decked the autumn trees,  
Laden with such fondly later  
Let me glow as they do now and unfur  
feeling loss of light  
Take my way with cheerful trust to  
the luxur of dusk and night.

Let me be a glory still  
As these oaks that crown the hill,  
As these maples 'gainst the sky,  
As these scarlet leaves that fly,  
Through all shadows and all ill,  
Standing bright against the dusk,  
Without sorrow, without fear  
Let me meet my autumn hour ruled as  
these are, and what more  
Could life's golden autumn give as we  
near its last drawn shore!

THE BONG BIRD'S MESSAGE  
By Orris J. Dickey  
Hear me the song that the song birds  
sing.

As they journey away to the South;  
Tell me the tale that flows so free,  
From their chirping mouth.

What is the message they carry away?  
Far down from the frozen snow  
What do they tell to the child and play,  
Town in the land of flower show.

I think, they tell of days to come,  
Days when the bright sun is high;  
Then they'll return to good old Maine,  
Back to this land they will fly.

That is the story I'm sure they tell,  
Of blossoms and trees, that are rare  
And their pretty nests 'mid bowers  
hang.

These small birds grow with much care.

Oh sing to me of these sunny seas,  
Of dear old land with stubble brown  
But give to me old Maine in summer,  
Jot the green and bucolic down.

THE ISLE OF THE LONG AGO  
By Franklin Franklin Taylor

Of a wonderful stream is the River  
Time.

At it runs through the realm of tears,  
With a restless rhythm and a musical  
rhyme.

And a broader sweep and a surge sub  
lime.

As it blends with the Ocean of Years.

How the waters are drifting, like flakes  
of snow.

And the summer, like buds between,  
And the year is the leaf—so it goes  
and they go.

And the river's breast, with its ebb and  
its flow,

As it glides in the shadow and sheen.

There's a magical Isle up the River  
Time.

Where the softest of airs are playing;

There's a cloudless sky and a tropical  
clime;

As strong as sweet as a virgin canes,  
And the Junes with the roses are  
straying.

And the name of the Isle is the Long  
Ago.

And we bury our treasure there;  
There are brooks of beauty, and bays  
of snow;

There are bays of dust—but we love  
them not.

There are tropics, and treas of  
hair.

There are fragments of song that no  
body sings,

And a part of an infant's prayer;  
There's a lone manœuvr, and a harp  
without strings;

There are broken rows, and pieces of  
teeth,

And the garments that she used to  
wear;

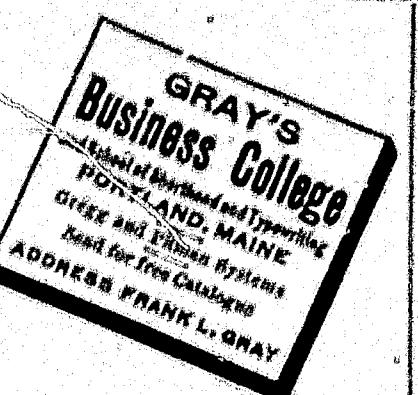
There are buds that are waned, when  
the fairy there

By the mists as lifted to size,

And we sometimes hear, through the  
isolated rose,

What voices we heard in the days gone  
before.

What the wind down the river to



## THE HOME CIRCLE

Pleasant Reveries—A Column Dedicated to Tired Mothers as they join the Home Circle at Evening Tide

## GREEN TOMATO PICKLES WHICH ARE DIFFERENT

Pickles Now Delicious Appetizers for This Winter's Use. Relishes, Pickles, and Chowchow Will Give a Zest to an Otherwise Flat-Tasting Meal. They Are the Highlights in the Cookery World

Pickles have their own peculiar place in the menu although they possess little food value. They stimulate the appetite and especially now, when Americans are endeavoring to use and like the various meat substitute dishes in place of the steaks and roasts of other days, play an important part in making the meal an appetizing one.

The following recipes are offered for the benefit of those who have an abundance of green tomatoes from garden or market in the late fall when they must be saved from destruction by frost. In all cases an effort has been made to use corn syrup instead of sugar as far as possible in pickles. The darker and less expensive syrups may be liked equally well.

## Green Tomato Pickle

One peck green tomatoes, 2 pounds onions, 3/4 to 1/2 pint salt, 3 quarts vinegar, 1 pound sugar or 1/2 pound sugar and 1/2 pound syrup, 2 tablespoons curry powder, 2 tablespoons tumeric, 1 tablespoon ground cinnamon, 1 tablespoon ground allspice, 1 tablespoon mustard.

Chop or slice the tomatoes and onions and sprinkle with the salt and let them stand over night. In the morning drain off the liquid and put the tomatoes and onions in a preserving kettle with a quart of the vinegar and a quart of water. Let the mixture boil for five minutes and then drain. To the drained tomatoes and onion add the spices, sugar, and two quarts of vinegar and then boil for 15 minutes counting from the time they begin to bubble. Put in jars which have been thoroughly sealed in hot water and seal.

One peck of tomatoes should make between three and four quarts of pickles. If smaller amounts are desired, use

Two pounds tomatoes, 1 onion (3/4 pound), 3/4 ounce salt (1 tablespoon), 1/2 pint vinegar, 2 ounces (+ tablespoons) sugar or syrup, 1/2 teaspoon curry powder, 1/2 teaspoon tumeric, 1/2 teaspoon ground cinnamon, 1/2 teaspoon ground allspice, 1/2 teaspoon mustard.

This should make one pint of pickle when cooked.

The spices used must be of good quality; buy only the best, especially with mustard and curry, for an inferior grade of either may easily cause the recipe to be pronounced worthless. Cardamom may be used instead of curry, for it is one of the common ingredients of curry. Corn syrup is a safe substitute for sugar. Brown sugar is usually liked even better than white.

## PICKLED OR GREEN TOMATO RELISH

Three pounds green tomatoes, 2 oranges, 1 quart water, 1 cup sugar and 1 cup syrup, 1/2 cup vinegar, 1 lemon, 1/2 teaspoon tumeric, 1/2 teaspoon cinnamon, 1/2 teaspoon cloves, 1/2 teaspoon mustard (seant), 2 small chili peppers, 1/2 teaspoon black mustard seed, 1/2 teaspoon white mustard seed, 1/2 teaspoon cardamom seed, 1/2 teaspoon paprika.

Cut tomatoes into small pieces, grind finely the orange peel, add 1 quart of water and cook until tomatoes are tender. Add pulp of 2 oranges, and finely shredded peel of 1/2 orange, and other ingredients. Cook for about 1 hour.

If desired, spices may be varied—tumeric, curry powder, and cardamom may be omitted and 1/2 teaspoon ginger used instead, or a little grated horseradish may be substituted. Yield of recipe, 8 1/2 glasses, holding 1/2 pint each.

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Note.—It is desirable to make tomato jelly and this relish on the same day.

As the pulp left from the jelly may be used instead of the pulp of the additional tomatoes and orange peel.

Particularly is this the case, if the bag is not squeezed much, in draining off the juice for jelly-making; the pulp which remains should not be washed.



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CAMEL'S expert blend of choice Turkish and choice Domestic tobaccos answers every cigarette desire you ever had! Camels give such universal delight, such unusual enjoyment and satisfaction you'll call them a cigarette revelation!

If you'd like a cigarette that does not leave any unpleasant cigarette aftertaste or unpleasant cigarette odor, smoke Camels! If you hunger for a rich, mellow-mild cigarette that has all that desirable cigarette "body"—well, you get some Camels as quickly as you can!

Camels' expert blend makes all this delightful quality possible. Your personal test will prove that Camel Cigarettes are the only cigarettes you ever smoked that just seem made to meet your taste! You will prefer them to either kind of tobacco smoked straight!

Compare Camels for quality and satisfaction with any cigarette in the world at any price!

## Cigarettes

Sanford are visiting her sister, Mrs. Cross, on Howe Hill.

Mrs. Conner and family called at Frank Sloan's on Sunday.

Bob Bennett called at Mr. Conner's one day last week.

The recent callers in town were:

Martin Lydon, Llacos Hall, John Harrington, Mrs. E. Cross and Mr. Cushing.

Whether it is finding the bag or leaving it, the spider beetle should be attended to.

In either case it is desirable to look over the rest of the pantry or store-room to see whether we are harboring infested stuff.

If recently purchased packages of cereal are found to be infested by this or other larval pests, it is best to call the matter to the attention of the grocer or to look in turn to the wholesale dealer until we are sure that our own pantries are entomologically clean and that we are keeping the smaller quantities and dry products in glass or tin jars so that intercourse between them is impossible. Trouble in any one receptacle can then be easily dealt with by heating the contents in the oven and feeding it to chickens or pigs for instance.

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With larger supplies, we can follow the suggestions adapted from Household Insects by Herkirk as follows:

Where they occur in a sack or barrel of meal or flour, they will usually be found near the top. In this case, the top of the meal or flour may often be carefully removed and fed out to animals and all of the beetles and larvae gotten rid of in this way. If the last few beetles remain, lay out some soap and water and wash the sides of the sack or barrel and have penetrates their own resources to preserve vitality and lives of their people. While all these responsibilities have steadily increased and abroad have steadily increased in volume and scope and gradually moving toward completion, they cannot be abandoned.

During the war the energies of the Red Cross were concentrated in every community in the States a recognized and organized center of Red Cross activity in which the people of that community, if they wish, serve them with all the advantages of national leadership, national standards and international contracts, with the people of every community to determine for themselves just fully they have need of a move which under the associated Cross Societies is to express the needs of the people from need and suffering through neighborhood operation and service.

The statement follows:

UNFINISHED WAR WORK.

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## THE RED CROSS PROGRAM FOR PEACE SERVICE

The thousands of Red Cross workers of New England who helped accomplish the vast war work of the American Red Cross in this country and overseas have been waiting eagerly since the armistice to learn what tasks lie ahead, what there will be for them to do in the Red Cross program for peace. Gradually, out of the experience and knowledge of the war years, the leaders have developed plans for immediate and future work. This new program is outlined in a statement by Frederick C. Munroe, General Manager of the American Red Cross, which was issued this week by the New England Division of the organization.

It is the platform on which the American Red Cross will appeal to the people of the Nation for continued support during the Third Red Cross Roll Call for members and money, November 2 to 11, 1919.

### Rolls With The People.

The activities now authorized and those about to be undertaken do not complete the program of Red Cross service which will always adjust and readjust to changing needs," says Mr. Munroe. "The Red Cross is concerned not alone with the emergency that arises from sudden disaster, but with emergency as it affects human life and happiness. The great and continuing disaster of peace is that thousands of deaths occur in the United States annually from wholly preventable diseases, that it is still possible for an epidemic like influenza to take a toll within the compass of a few weeks five times greater than the losses of our nation in a year and a half of war. Such a continuing disaster will become permanent unless the people cooperate with one another to use the knowledge and wealth already in existence to prevent it.

"War-time developments have given every community in the United States a recognized and organized center of Red Cross activity through which the people of that community may, if they wish, serve themselves, with all the advantages of national leadership, national standards, national and international contracts. It reads with the people of every community to determine for themselves just how fully they have need of a movement, which under the associated Red Cross Societies is to express the effort of the peoples of the world to free themselves from need, a death and suffering through neighborly cooperation and service."

The statement follows:

### Unfinished War Work.

During the war the energies of the Red Cross were concentrated on extending aid and comfort to military and naval forces and relief to civilian populations. This war-time task is not yet fully performed. To men still in service and to their families at home, to discharged soldiers not yet readjusted to the routine of civilian life, to boys suffering from convalescing in military and naval hospitals, the American people must still give cheer, comfort and service through their Red Cross.

In certain portions of Europe the American Red Cross must still care for undernourished babies, and for the aged and infirm, and must assist war-torn countries to organize their own resources to preserve the vitality and lives of their people. While all these responsibilities at home and abroad have steadily lessened in volume and scope and are gradually moving toward completion they cannot be abandoned until they are fully met. The Red Cross can undertake no plan that do not include this unfinished war-work as their first obligation.

### Traditional Responsibilities.

The Red Cross must continue to carry on in an even more effective way than in the past the already established system of National and International relief in mitigating the suffering caused by famine, fire, floods and great national calamities. It must also be prepared to give service to the standing forces of our military and naval establishments and to aid them in every necessary way in the event of their being called into action. It must continue the work undertaken prior to the war in the field of Nursing and must maintain its courses in First Aid, Dietetics, and Home Care of the Sick.

### Increased Responsibilities.

The war has left America with the realization that higher standards of responsibility to prevent needless suffering and loss of life are set both for individuals and the nation. The Red Cross, with its traditions and its established organization of Chapters and Branches, is prepared to aid in maintaining these standards by cooperating with all recognized agencies, both governmental and voluntary, engaged in the work of conserving human life and happiness. It must meet its new and developing responsibilities with the same energy and effectiveness as it met those demanded by the war. In general, the scope of the services of the Red Cross, addition to the regular disaster relief and cooperation with the

## CHINESE BECOME SOCIAL PIONEERS

### Men and Women Form Good Fellowship Club Together Under Y. W. C. A. Leadership.

The Good Fellowship Club has made its appearance in society in Hangchow, China.

It began with the desire of a progressive young Chinese doctor to give his compatriots, especially the Christians, some healthful form of social intercourse.

**Activities Already Authorized.**  
The Red Cross has already begun the work of meeting these requirements. Utilities and Chapters are now engaged in extending the following activities:

- Public Health Nursing.
- Educational classes in Dietetics, Home Care of the Sick and first aid.
- Home Service to Civilian Families.
- Children's activities through the Junior Red Cross.

**Public Health Work.**  
The Red Cross recognizes that the maintenance of public health is a public function to be operated by governmental bodies. It also recognizes that government today—local, state and national—is not everywhere prepared to meet these problems, particularly since their solution must depend so largely upon the understanding and cooperation of individual citizens. With these things in mind it proposes to devote its organized energies to building up a system of organization and cooperation that will eventually become a part of the work of the legally constituted health agencies. In the conservation of child life, in the promotion of public hygiene, in the prevention of mental diseases, industrial diseases, venereal diseases and tuberculosis and in the education of the people in matters of health and the prevention of disease the Red Cross plans to lend its aid wherever it is needed.

**Health Centers.**  
In preparing for Public Health work the Red Cross has believed that it should announce a plan under which a community might organize a complete plan for the establishment of Health Centers has been prepared. The advice of responsible health officials has been sought and every effort made to enlist the support of interested bodies throughout the country. The response has been cordial and enthusiastic. Manuscripts are now in the hands of the printer and the plan will soon be issued. The following are important points in this plan:

(a) The completely organized Health Center will be a place where all official and volunteer agencies can be coordinated, and brought into harmonious relation for protecting and promoting community health and efficiency.

(b) The development of a community health center to its fullest perfection must of necessity be gradual.

(c) Many Chapters for various reasons will not be in a position to establish Health Centers in the near future. Such Chapters may find it possible to undertake educational work, to make studies of community health and welfare conditions and to render particular service to the community for limited time in order to stimulate the public to supplemental Chapter effort.

(d) Inability to establish community centers must not prevent Chapters from undertaking any possible parts of the Health Center plan or from rendering every service of which they are capable in connection with other forms of Red Cross activity.

(e) In the Health Center plan as in all other Red Cross work Chapters must adhere rigidly to the principle of supplementing, reinforcing and supporting but not supplanting the efforts of established and effective agencies, both public and private.

### Preservation of Volunteer Spirit.

During the war the great volume of Chapter work was done by volunteers working directly in Chapter workrooms, in the homes, in auxiliary groups, and in canteens and motor corps units. Without this work the Red Cross could not have accomplished its complete task. While the great volume of this work is no longer called for, the spirit which preserved it continues to exist, and its loss to the Red Cross and the nation would not be short of a catastrophe. In this belief a special committee has been studying miscellaneous Chapter activities. While no outline of its report can now be given there is clear indication that volunteer participation in Red Cross work is to be one of its strongest supports in the future as in the past.

Certain forms of production work for local purposes are needed and will be welcomed in many Chapters. The maintenance of volunteer services to be called on in times of need will add greatly to the effectiveness of Red Cross work. The Red Cross will welcome the cooperation of volunteer groups in any community working for the social and physical betterment of the community and will gladly do whatever it can within its resources to assist such groups. All authorized activities of the Red Cross can be greatly aided by full or part time participation of volunteers.

1. The Red Cross will be greatly aided by full or part time participation of volunteers.

## WOMEN WORKERS FROM 34 NATIONS ASKED TO CONGRESS

### First International Conference in History of World Opens at Washington, D. C., October 23.

### NEW RESPONSIBILITIES TO BE DISCUSSED

National Women's Trade Union League of America to Act as Hostess—Belgium and Great Britain Send Distinguished Women as Advisors.

The young doctor's plan of having a club where men and their wives might come together to enjoy a good time with each other was discouraged and resisted at first. However, a few people agreed to pioneer in the cause of social intercourse, and Y. W. C. A. secretary agreed to help make the club a success.

Channels for a good, clean, social life among Chinese people are very limited. Until recently becoming a Christian often meant cutting oneself off from one's friends and relatives. Also from feast days and festivals. As for joint meetings of men and women—well, such a thing was never heard of in decent society.

The young doctor's plan of having a club where men and their wives might come together to enjoy a good time with each other was discouraged and resisted at first. However, a few people agreed to pioneer in the cause of social intercourse, and Y. W. C. A. secretary agreed to help make the club a success.

At first the meetings of the club were laughed at by outsiders and the whole affair considered a joke. However, the members kept on meeting; first at one house and then at another. Soon the men got over the feeling of strangeness at starting out with their wives on Tuesday evening for a friend's home. The women began to enjoy the outing and to take part in the discussions—an intelligent club, too—much to the surprise of their husbands.

The membership grew. The club's name began to spread. At first the discussions of the club were conducted in English. Soon it became necessary for them to be carried on in Chinese so that more of the women could understand and take part. Many of the scorners began to apply for admission. The members began indulging in much friendly chaffing and occasionally forgetting their dignity to play jokes on one another. Finally it became so large that it had to be divided into two sections, which met separately three Tuesdays in the month and on the fourth Tuesday met together for a joint session, with a special program.

Students just returned from American and German colleges, an old Buddhist scholar who is particularly interested in the discussion on Buddhism and Christianity, merchants, railroad and government officials compose the men's side of the room. The women are still a bit shy about talking in front of so many people, but among them show signs of great executive ability and power of leadership. They are all well poised, clear thinking individuals, who will have a great influence on China's future. They discuss among themselves group meetings in their various churches, the lack of amusements for Chinese women, social service work, subscription lists for the orphanage, cake making, types of stove, baby diets, the latest engagements and other topics such as one would hear discussed by a group of women gathered together any place in America.

The social part of the evening is given over to games, which at first astound the sober Chinese gentlemen, but which they take up with great zest after the first evening. And their wives enjoy it just as greatly.

Real American picnics are the latest thing which the club has tried, and they are a great success. A Christmas play is being planned now.

### ENGLISH IS COMMON TONGUE.

Chinese Girls Learn It to Talk to One Another.

Chinese women students in the Tung Fu College, Peking, China, are obliged to learn English in order to talk with one another because of the different dialects used by the student body.

Girls from the extreme western provinces speak a different language and they cannot understand one another any more than they can the girls from northern, southern, eastern or central provinces. Hence, they have adopted English as a common tongue.

### NEW SCHOOL FOR CHINA.

Y. W. C. A. Secures New Site for Girls' Physical Training School.

A new home has been found for the Physical Training School which the Young Women's Christian Association has opened for native girls in Shanghai, China.

The school, while in the country, is not far distant from the National Headquarters of the Y. W. C. A. in Shanghai nor far from the local Y. W. C. A. The grounds cover eighteen acres, which means approximately six acres, and are divided by a private road. A foreign residence already on the grounds will be used by the American teachers, while native buildings on the other side will furnish living quarters and classrooms for the 25 students.

Miss Anderson has also been advised that the Telephone Operators' Association of the Argentine will send a representative to the Congress at the earliest possible moment that transportation facilities will permit. Two delegations

# The Oxford County Citizen

would like to become a weekly visitor in every family in the northern part of Oxford County.

It only costs \$1.50 a year in advance and stops at the end of year unless payment is made to continue it.

If you do not have it why not BEGIN NOW?

### CZECHO-SLOVAKS TO ATTEND CONGRESS

Two Women Delegates Will Represent Poland at International Gathering on October 23.

Two Industrial women workers are on their way from Czechoslovakia and four on their way from Poland to attend the International Congress of Working Women in Washington, October 23d, according to cables received by Miss Mary Anderson, secretary of the committee on International Relationships of the National Women's Trade Union League of America, who is in charge of arrangements.

Miss Anderson has also been advised that the Telephone Operators' Association of the Argentine will send a representative to the Congress at the earliest possible moment that transportation facilities will permit. Two delegations

Enclosed find \$1.50 for which please send the Citizen to

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1. The Red Cross will be greatly aided by full or part time participation of volunteers.

## MAKE CIDER VINEGAR AT HOME

A Good Product on a Small Scale. It is Important for the Housewife to Prepare Her Own Vinegar. Fruit Should be Sound and Fully Ripe

The directions given below are for making vinegar on a small scale for household use. While the principle is the same in manufacturing on a commercial scale, different methods are employed for handling large quantities.

The fruit used for making vinegar should be sound and fully ripe. Partially decayed fruit is no better for vinegar making than for eating, and should not be used. Fruits, when ripe, contain more sugar than when green or unripe, and consequently produce a strong vinegar.

Cider Mill or Food Chopper

For these reasons select sound, ripe fruit. Wash thoroughly and remove all decayed portions. Crush either in a machine made for this purpose, such as a cider mill, or, for small quantities, run through a food chopper. Squeeze out the juice in a press and put into a clean barrel, keg or crock for fermentation. If press is not available, allow the juice to ferment for two or three days and then squeeze by hand through cheesecloth. More juice is obtained in this way. Great care should be taken to have all the celsics thoroughly cleaned and to handle the fruit in a steady manner. If old kegs or barrels, especially old vinegar barrels, are used, they should be cleaned thoroughly and all traces of the old vinegar removed. If this is not done, the old vinegar will interfere with the alcoholic fermentation and possibly spoil the product. After the juice has been squeezed out, add a fresh compressed yeast cake to every five gallons of the juice.

Work the yeast up thoroughly in about one half cup of the juice, and add to the expressed juice, stirring it thoroughly. Cover with cloth to keep insects away and allow to ferment. The best temperature for fermentation is between 60 and 80 degrees F. Do not put it in a cold cellar, as is the custom in many localities, as the fermentation will be too slow. At 60 to 70 degrees F. alcoholic fermentation will usually be complete in from three to four days to a week. In other words, it will stop "working," as indicated by the cessation of bubbling. It is now ready for the acetic acid fermentation, during which the alcohol is changed into acetic acid.

## ADD HOME STRONG VINEGAR

After the active alcoholic fermentation (bubbling) stops, it will be found advantageous to add some good, strong, fresh vinegar in the proportion of 1 gallon of vinegar to 2 gallons of fermented juice.

Instead of the vinegar one can add a good quantity of the so-called "mother." If "mother" is used, however, one should only that growing on the surface of the vinegar, and not that which has gone to the bottom. Vinegar mother which has fallen to the bottom is no longer producing acetic acid.

After adding the vinegar, cover with a cloth and keep in a dark place between 70 and 80 degrees F., preferably at 70 to 75 degrees F. Do not disturb the juice that forms, for this is the true mother, the acetic acid bacteria which turn the fermented juice in vinegar. Do not exclude the air. The acetic acid bacteria must have air for growth. Taste the juice every week, and when it is sour, as it will become, as when it doesn't increase in acid as when it is sour as desired, syphon off and store in kegs, jugs, or bottles, filled full and corked tight. If this is not done after reaching the maximum acidity, the acid will gradually disappear and the vinegar will "turn to water." If stored in well-sealed, full receptacles, this cannot happen, for the absence of air prevents this change.

If the directions are followed, especially as regards temperature, the product will usually be completed in six weeks to two months to cover when only a few gallons of juice are used.

Apple vinegar may clarify itself spontaneously, but if it should remain cloudy and turbid, must be clarified to make a nice appetizing product. A common method is to store the vinegar in barrels, medicated for a considerable time, and then "rock off," that is, draw off carefully, so as not to disturb the sediment. This is repeated several times, and usually gives a fairly clear product.

## TOMATO VINEGAR

In attempting to utilize the tomato in as many ways as possible, it is not uncommon practice, especially with "home-tube" girls, to make what is termed "tomato vinegar." This product is not a vinegar, although it has a sour taste and to a certain extent, as is noted and for table purposes, can be used as a condiment for vinegar. It is really a tomato acid fermentation product of acetic acid and for this reason is never like sour milk and sourdoughs. It spoils rapidly after fermentation unless it is put into bottles, filled as full as possible, and corked tight. After opening and exposure to the air the product will spoil unless kept very cold. In making this product the juice is collected and allowed to stand in a warm place for a few days. After it

## NATIONAL CAPITAL

(Continued from page 1)

with individual houses, and the report says that "assuming that a worker's family represents on the average at least four persons, the cost per family may be roughly set down as a trifle over \$4,000." It would be interesting to know how this cost compares with that obtained by private corporations who have built equally comfortable living places for employees, at presumably far less cost. If, however, the most modest home that the American workman can build, now costs over \$4,000, the figures themselves doubtless furnish the best reason that exists for the universal shortage of houses throughout the country. For, it may be observed, four thousand dollar bills do not grow on every bush! And the alternative of buying the kind of houses that are made and shipped by parcel post or freight while you wait, or accepting the other horn of the dilemma by submitting to the wringer of frenzied finance, turned by loan companies that seek to mortgage the present generation and the next, contains very little that alluring or fascinating to the man and woman who have the pardonable ambition to possess a home of their own.

After an exhaustive investigation by government departments and bureaus it has been reached that the people of the country are not favorable to the nationalization of home-building, even as it was carried out by the Government in war-time. It is a form of socialism that comes so close to the individual that it is objectionable. "Try that sort of stuff on the dog," is the attitude of Mr. Average Man and Wife.

The Department of Labor announces that it has collected a lot of valuable information, which it believes can be utilized to the advantage of local employers, chambers of commerce, and other agencies, including individuals.

There has been an ever increasing shortage of housing accommodations throughout the country since 1912, and the number of good people who have no easyies of their own, and who are at the same time experiencing hard-ship in securing proper quarters by the rental process, is constantly increasing. The United States Housing Corporation in its report to Congress says that "it might be well for our country to turn its eye to what our Allies are doing on the other side, and perhaps learn a lesson that may be of importance in promoting a contented citizenship in these United States." And with these words of advice the homeless are left with the job's comforter that their lot is no worse than that of their brother, man; here at home and across the seas.

**COLD STORAGE**

Uncle Joe Cannon believes in practical regulation of cold storage, and he told his fellow Members of Congress that he wanted the law so fixed that when it said "spring chicken" on the dining car menu he would know which spring was referred to, whether it was this spring or last spring."

Representative King of Illinois, told the House that he believed that from three to five per cent of the membership of Congress suffered constantly from pinworm poisoning caused from eating cold storage food, "and if the truth were known," he added, "it would be found that the President of the United States, on his long trip to the Pacific coast, was served with cold storage food, so that he is now suffering from pinworms that pinworms poison."

Hearing and proffering are charged up to the cold storage system, but for defense of the practice it is pointed out that the Government itself is right now disposing of thousands of carloads of food that were held in cold storage for the army and navy.

And so, Congress, weighing the ifs and buts, and the storage problem has decided in its favor, but is intent on maintaining stiff rules and by law in order that the thing may be done right.

## STRIKES AND UNION

Careful students agree that the industrial disputes are not spelling American ideals of free government. Secretary of Commerce Redfield says that "organized labor is losing the sympathy of the general public." He explains that "organized labor agitators are taking advantage of a sort of post-war economic crisis to increase their power over the whole field of industry at a time when all elements should be moderate and pull together for the sake of mutual well-being."

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## THE PIONEER SCOUT

By Armstrong Perry, Chief Pioneer Scout, Boy Scouts of America. The country boy has always been a pioneer.

He follows up the streams to find where they come from and follows them down to find out what they flow into. When he discovers a trail he never rests until he has discovered where it leads. He is not satisfied merely to look at it mounting; he climbs it and finds out what lies on the other side.

He knows a lot about trees and soil and crops; about animals and birds and fishes. He is a natural born scout.

But in spite of all the things which a country boy finds to do and to know, he is restless to get away and see new things, meet new people, do greater deeds. It is human nature—especially boy nature—to demand larger and larger experience. Pioneer Scouting helps to satisfy the longing.

Older men who have seen the world and tried all it has to offer know that at last the nearest spot on earth is home, sweet home. I have asked American sailors in foreign ports—in those ports which you have longed to visit—where they would like to go next. The answer is always the same—home.

Fast express trains sweeping across the continent, I have swapped yarns with travelers from all quarters of the globe. Sooner or later they turn to tales of boyhood days in the country.

But the experiences of older men do not satisfy you, the boy in the country.

You want to have your own experiences, and you should have them. Pioneer Scouting may make it possible.

This fact, though, I want you to remember: You never will see much of the world unless you learn to see the things that are right around you now.

Have you ever seen a mosquito? Sure, and felt it, too!

What kind of a mosquito was she? I say "she" because, as you may not know, he never bites a human being.

Did you know that there were more than a thousand species of mosquitoes? Right around your own home you might be able to discover twenty or more species. For example, you might discover *Wyeomyia smilicola*, who is born only in the pitcher plant. "Smilicola" you can call him for short. He is an interesting little critter.

When you get so you can see the things around you, you will not need to go out into the world to become famous. Men who really know things are so scarce that they stick up like sunflowers in a vegetable garden.

A stone mason in Leroy, Pa., eight miles from the railroad, kept his eyes open as he worked and learned all about local geology. It discovered a fossil fish which had eluded the scientists of the world for centuries. Very soon he was known among geologists the world around, and the fish was given a Latin name meaning that Liley found it.

Pioneer Scouting takes away the dullness of working all alone. When a boy becomes a Pioneer Scout he is a member of an organization with over half a million members in the United States of America. There are similar organizations in all civilized countries. The Pioneer Scout may exchange letters, post cards, curios or other articles with scouts in Ceylon, Mesopotamia, Siberia, China, France or any part of the globe.

Scouts in good-sized towns and cities are organized into troops with a scoutmaster, but the Pioneer Scout—the country boy who cannot find a troop near enough for him to join—is contented directly with National Headquarters.

Any boy who has passed his twelfth birthday may become a Scout. Write to the Chief Pioneer Scout, Boy Scouts of America, 209 Fifth Avenue, New York City, for information.

## NAVAL STRENGTH

The United States Navy Year Book, the publication of which was discontinued after this country entered the war, reappeared recently in the form of a volume of 884 printed pages, making it one of the most complete naval annals ever printed by any nation. It will show, among other things, that the United States is easily the second naval power of the world, while construction now under way will greatly reduce the difference in tonnage between the British and American navies. Great Britain stands first in completed ships, but the United States is far ahead of all other nations so far as new construction is concerned.

The Year Book also includes what is, perhaps, the most complete statistical history yet compiled of the naval losses sustained by all the belligerents during the war, and gives the names and the date of the loss of 197 German submarines, a total which exceeds the official German report of submarine losses by nineteen vessels. A few days ago the German Admiralty published a report in which it was said that Germany's losses in surface craft totaled 378 vessels. The total naval losses of the war were 885 ships, and of these Germany lost 382 and Great Britain 239; France lost 37, Russia 36, Italy 31, the United States 12, Japan 11, and Romania, Greece and Portugal 1 each. Turkey lost 38 and Austria-Hungary 29 vessels, making the total losses 811 ships for the

year.

YOUNG A. THURSTON, Andover, Maine.

Sept. 16, 1912.

18-18-18

NOTICE

The subscriber hereby gives notice

that he has been duly appointed Super

intendent of the estate of William

Gregg late of Andover in the County

of Oxford, deceased, and given bonds

as the law directs. All persons having

claims against the estate of said de-

ceased are directed to present the same

for settlement, and all indebtedness

is requested to make payment im-

mediately.

YOUNG A. THURSTON,

Andover, Maine.

Sept. 16, 1912.

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